



Parents and/or Guardians,

*Katy's Kids* is a program designed to teach kindergarten through second grade students about the safe and appropriate use of medicines. *Katy's Kids* was developed in 1988; it continues to successfully educate children in classroom presentations led by pharmacists and student pharmacists across the country.

Today your child learned about the proper use of medicines. The key points taught were:

- Medicine can be dangerous if not taken correctly.
- Pharmacists are medication experts and are available to answer any questions about medicine.
- Medicine is NOT candy!
- Never take medicine meant for someone else.
- Medicine should be taken only when you are sick or to keep you well.
- Only your parents or adults you know should give you medicine.

Please talk to your child about the *Katy's Kids* program and what they learned in school today. The goal of *Katy's Kids*, with your help, is to make sure that children understand the usefulness of medicines and why it is important to take them properly. If children can grasp this concept at a young age, they will have the foundation to differentiate safe and unsafe uses of medications in the future, thereby promoting a healthy lifestyle.

Your child may have been provided with special "Medicine" sticker labels. You and your child can work together by placing these stickers on prescription medications, vitamins, and over-the-counter products throughout the home. This will help your child differentiate between which items are medicine and which are not. For more examples and explanations of medicines you can label at home visit the *Katy's Kids* website at: [www.katyskids.com](http://www.katyskids.com).