

# Katy's Kids Take-Home Activity

## Medication Safety



### Examples of Medicines Found at Home

Medicines can be prescription medicines, over-the-counter medicines, creams, lotions, capsules, tablets, liquids and suspensions. Pets need medicine too- veterinary medicines can be labeled with Katy's Medicine Sticker.

**Prescription medicines** are found at home. Be sure these medicines are stored out of reach of children and that childproof caps are used. Label these medicines with the medicine sticker and explain who the medicine is for. Only this person should ever take this medicine.

#### **Over-the-Counter Medicines:**

- ✓ Analgesics- pain relievers
- ✓ Antibiotic ointment- reduces risk of infection
- ✓ Antihistamine- relieves allergy symptoms
- ✓ Decongestant- relieves stuffy nose and other cold symptoms
- ✓ Hydrocortisone- relieves itching and inflammation and can be used for bug bites and rashes
- ✓ Antiseptic- helps stop infections
- ✓ Sunscreen- helps to block harmful sun rays from burning skin
- ✓ Vitamins- used to keep you healthy and well